

# Developing Botanical ingredients for Natural Health products

## From Concept to Commercialization

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Summary



# Natural Health Product

“Natural health products (NHPs) are naturally occurring substances that are used to restore or maintain good health. They are often made from plants, but can also be made from animals, microorganisms and marine sources. They come in a wide variety of forms like tablets, capsules, tinctures, solutions, creams, ointments and drops.”

Natural health products, often called "complementary" or "alternative" medicines, include:

- vitamins and minerals
- herbal remedies
- homeopathic medicines
- traditional medicines like traditional Chinese and Ayurvedic (East Indian) medicines
- probiotics
- other products like amino acids and essential fatty acids

Many everyday consumer products, like certain toothpastes, antiperspirants, shampoos, facial products and mouthwashes are also classified as natural health products in Canada.

Source: <http://www.hc-sc.gc.ca/dhp-mps/prodnatur/about-apropos/cons-eng.php>



# The World of Botanicals



Food

Fuel



Cosmetics



Clothing

Medicine



# Botanical Extracts



## Definition:

A botanical extract is typically the result of using a solvent to extract out the active components from one or more parts of a plant.

## Types:

- Essential oils
- Fluid extracts
- Tinctures and hydrosols



# Botanical ingredients

- Are a complex mixture of hundreds of unique compounds.
- Many of these compounds haven't been characterized.
- The biological activity can vary between species and varieties/cultivars.
- A plant species can be grown in the same location under similar conditions and will always have a different balance of compounds.



# Single Actives vs. Botanical Extracts

- **Benefit of using an isolated active**
  - Defined chemistry and site/mode of action
  - Standardized extract or purified active.
  - Better safety data
  - Moderate to high concentrations possible
  - ‘Cosmeceutical’ claims
- **Benefit of using a full spectrum botanical active.**
  - Many say there work better in harmony with the body.
  - Could miss out on synergistic action of the different compounds or classes of compounds.
  - Some components won’t have been identified.



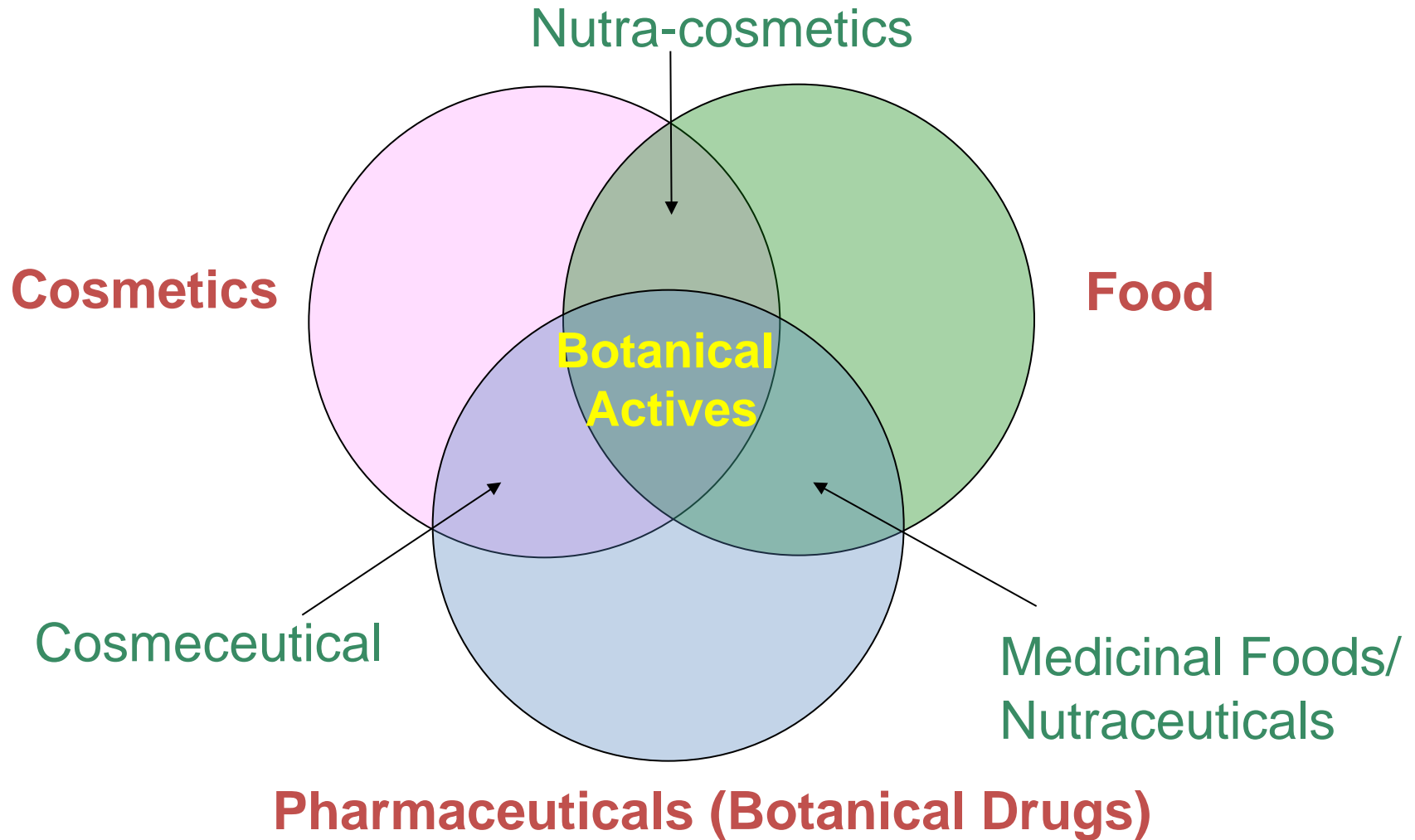
# Compounds present in a botanical?

- Protein
- Lipids
- Carbohydrates
- Polyphenols
- Saponins
- Alkaloids
- Carotenoids
- Lactones
- Phytosterols
- Terpenoids





# Market Convergence of Botanicals



# The Grey Zone

## **Nutraceutical**

*A nutraceutical is a product isolated or purified from foods that is generally sold in medicinal forms not usually associated with food. A nutraceutical is demonstrated to have a physiological benefit or provide protection against chronic disease.*

## **Cosmeceutical**

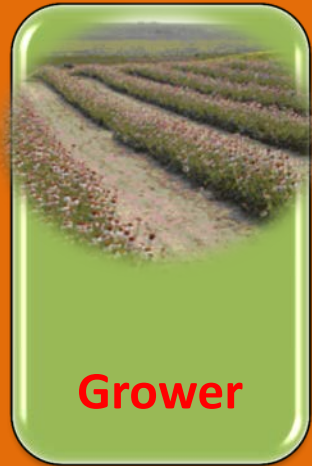
*Cosmeceuticals are cosmetic products with biologically active ingredients purporting to have medical or drug-like benefits.*

## **Nutricosmetic**

*When ingested, nutricosmetics support the function and the structure of the skin, nails, and hair, having a preventive or reactive effect.*



# Botanical ingredients chain



**Grower**



**Processor**



**Manufacturer**



**Distributor**



**Customer**



# Sustainability & Traceability

- Three Pillars of Sustainability
  - Environmental
  - Economic
  - Social
- Threatened Species (CITES)
- Where does it come from?
- Does it have a yearly crop?
- Is there more than one source?
- Is it fair trade; sustainable?



# Good Agricultural & Collection Practices

- Identification
- Quality Assurance
- Cleanliness
- Environmental Stewardship
- Legal Conformity
- Optimal Harvest Conditions



Source: AHPA-AHP Good Agricultural and Collection Practice for Herbal Raw Materials, (2006)



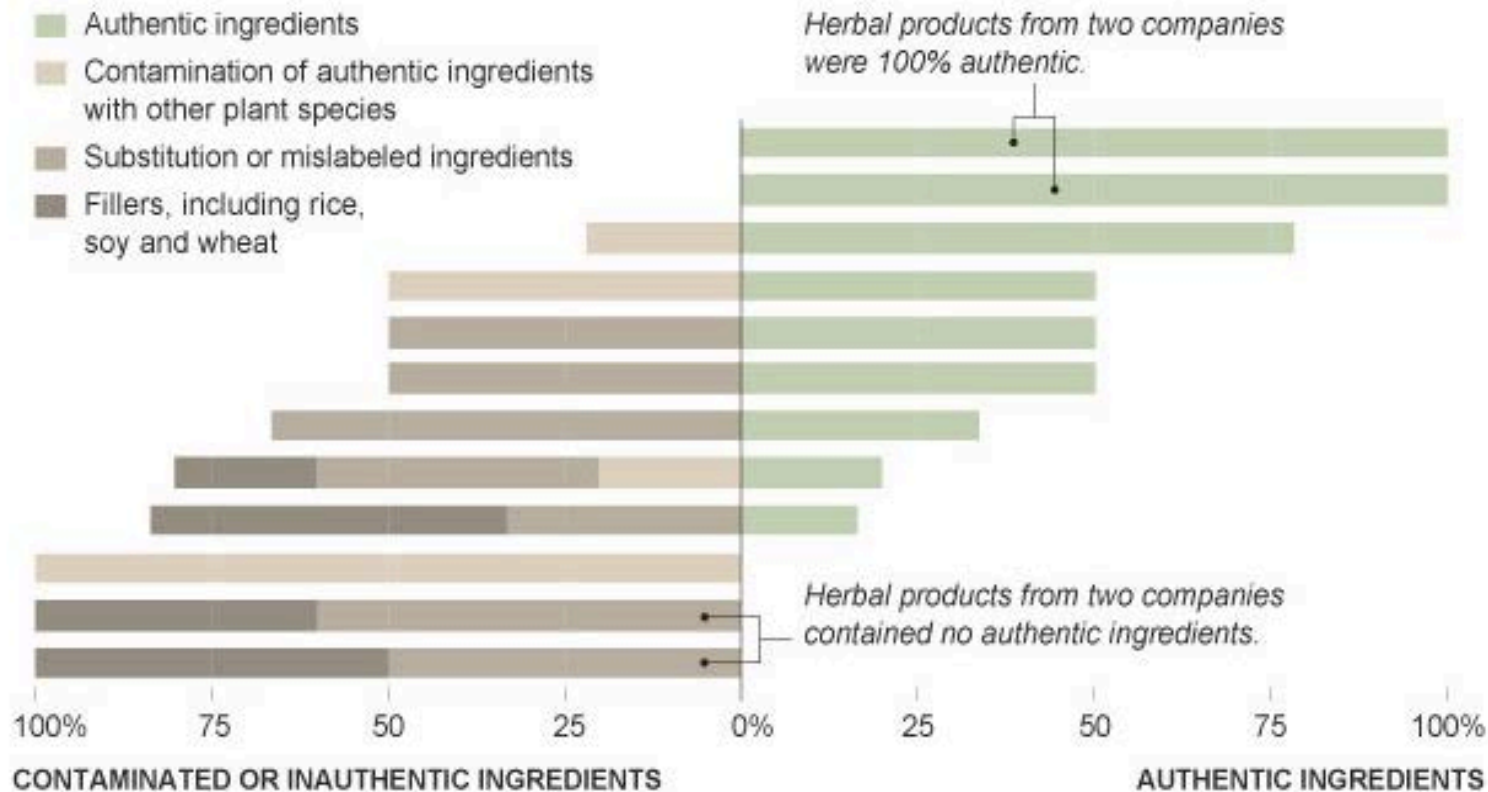
# Adulteration of Botanicals

- Reliability & Authenticity an issue
- Mixing of different genus
- Incorrect species.
- Substitution (e.g. marigold for saffron)
- Addition of synthetic components, dilution, etc.
- Miss-labeling



# 44 Natural Products sold in Canada

(produced by 12 different companies)



[Source: **DNA barcoding detects contamination and substitution in North American herbal products;** (2013); *BMC Medicine*, 11:222

# Developing a commercial Botanical Ingredient





# From Concept to Commercialization

- **Four integrated components**
- **Each company will have varied degrees of experience in each of these areas.**



# Business Development

- Competitive Landscape
- Market Research
- Branding
- Product cost analysis
- Routes to Market
- Funding



# The cost of a botanical ingredient

- Plant material
- Processing, Cleaning, Extraction & Purification
- Laboratory testing
- Overhead (Building, Equipment, Utilities)
- Packaging
- Labour
- Shipping and Transportation costs



# Growing Forward 2

GF2 provides programs and services to achieve a profitable, sustainable, competitive and innovative agriculture, agri-food and agri-products industry that is market-responsive, and that anticipates and adapts to changing circumstances and is a major contributor to the well-being of Canadians.

## Programs:

- Agri-Processing Automation & Efficiency
- Product & Market Development
- Business Opportunity
- Traceability training

Website: <http://www.growingforward.alberta.ca>

Website: <http://www.agr.gc.ca/eng/?id=1396016168338>



# Science

- Understanding the agronomics of your crop.
- Developing a product/process with commercial intention.
- Learn as much about the bioactives in your crop as possible.
- Strong claim substantiation is important.
- Intellectual property



*Physaria tenella*



# Quality Actives from Plants

## *Choice of Variety*

- *Genetics*
- *Breeding programs*
- *Agronomics and Environmental Conditions*



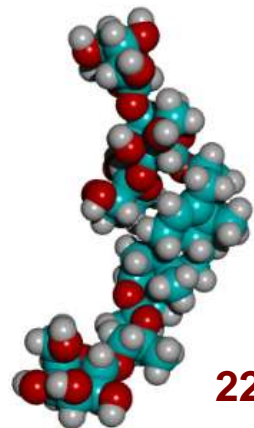
## *Processing, Extraction, & Purification*

- *Location of Active component*
- *Maximizes recovery of active component*
- *Environmentally friendly processes*



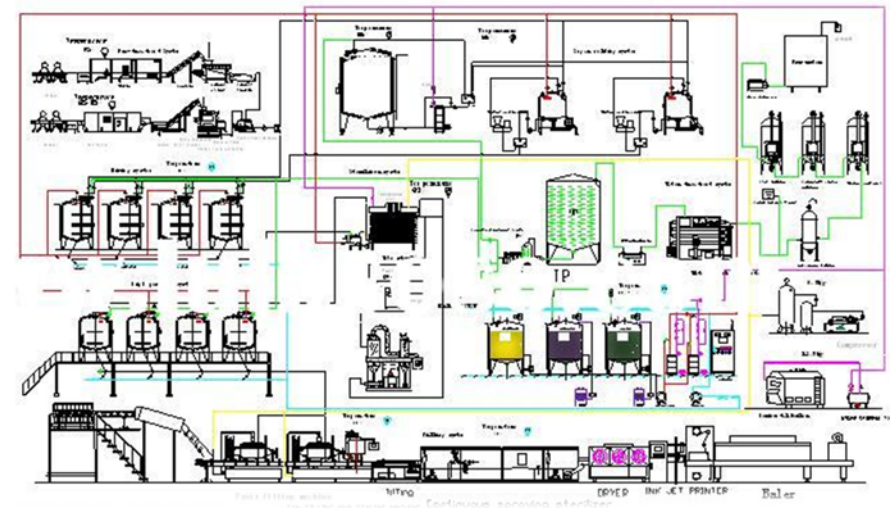
## *Standardization*

- *Identification of the active molecules*
- *Use of reproducible analytical methods for the active component(s).*
- *Dose Response and Clinical Efficacy*



# Engineering & Process Scale-up

- Process optimization
- Pilot scale testing
- Equipment evaluation
- New or add-on to existing facility
- Production Cost Analysis



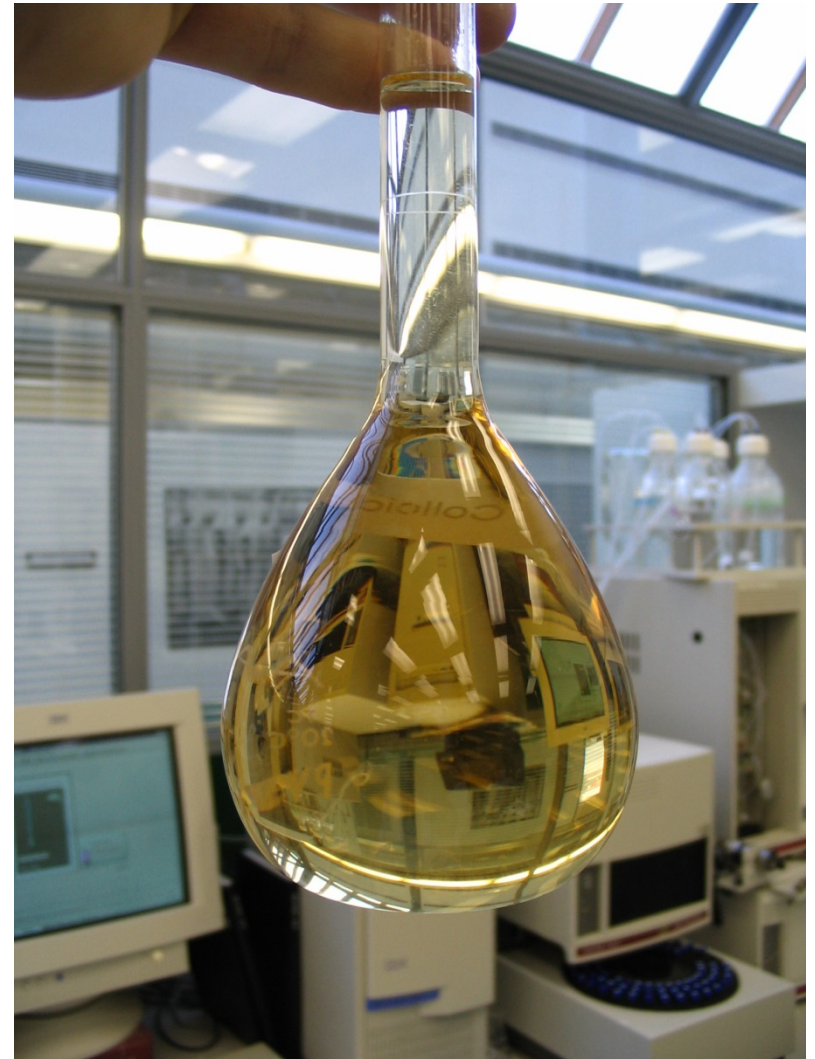
# Commercial production of Botanical ingredients

- Harvest
- Cleaning
- Milling
- Extraction
- Purification
- Preserving
- Finishing
- Packaging



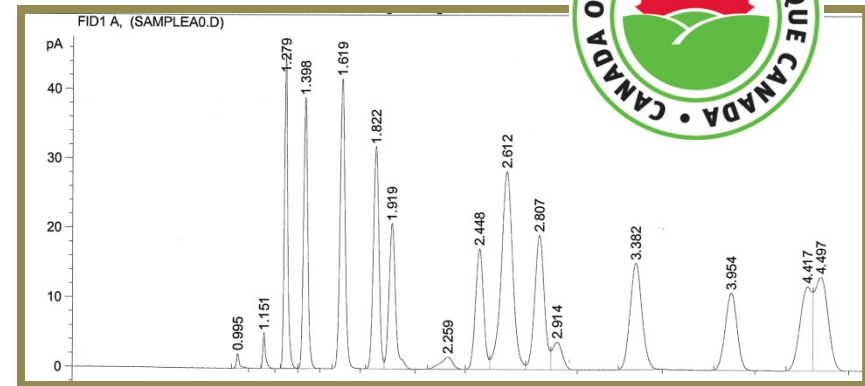


# Not all similar extracts are alike....



# Quality

- Good Agriculture & Collection Practices (GACP)
- Good Manufacturing Practices (GMP)
- Standardization of active
- Safety
- Regulatory compliance
- Certification



# Quality Control – Why?

- The concentration of the actives is directly related to the activity of the product.
- To confirm that the correct plant species is used to make the product.
- To confirm that there has been no adulteration to the product.
- To ensure there are no other fillers or synthetic chemical used.



# Quality Control – How?

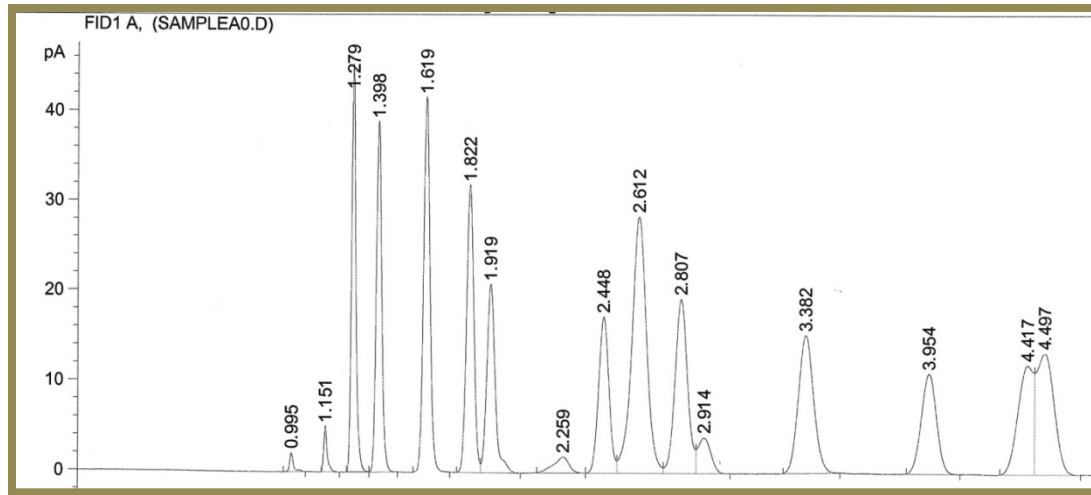


Natural Products must be standardized in order to control the concentration of actives or chemical markers in **every** batch.

**Chromatography** is a analytical method to separate the active components in a product and measure their concentration.



# Measuring the Botanical actives



- The chromatograph is like a finger-print and provides unique information.
- Each peak in the chromatograph represents one unique molecule.
- The area under the peak is proportional to the amount in the extract.
- Pure Standards are used to calculate the concentration of that component in the extract.
- The more peaks in the chromatograph, the more complex the mixture.



# Government of Alberta Programs



**ENHANCE.**  
Infusing modern industry  
with high value plant-based  
alternatives.



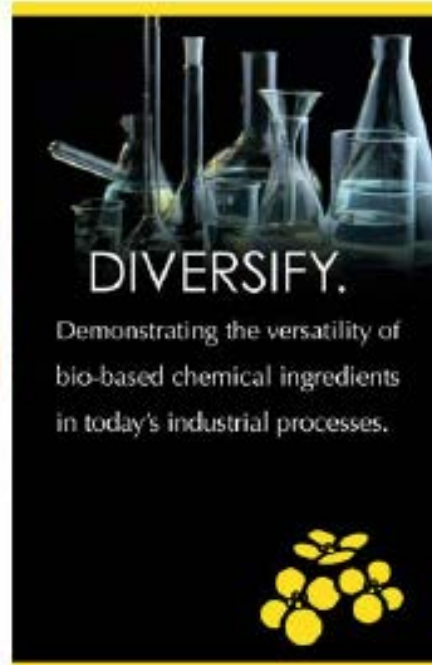
 SPECIALTY  
**BIO-BASED**  
CHEMICALS




 **BIO-BASED**  
CHEMICALS




**EXPAND.**  
Creating innovative  
uses for traditional and  
non-traditional crops.



**DIVERSIFY.**  
Demonstrating the versatility of  
bio-based chemical ingredients  
in today's industrial processes.



 INDUSTRIAL  
**BIO-BASED**  
CHEMICALS

• [www.agriculture.alberta.ca/biobasedchemicals](http://www.agriculture.alberta.ca/biobasedchemicals)

BIO - INDUSTRIAL  
OPPORTUNITIES



# Bio-Industrial Opportunities Branch



- Industrial Processing experience.
- Strong engineering, scientific & technical expertise.
- Business Development Assistance

- Dry Processing
- Wet Processing
- Product development laboratory
- Explosion-proof extraction area
- Pilot scale processing
- Analytical capabilities



# New Extraction & Fractionation Program



**Business  
Development  
Assistance**

**Laboratory to  
Pilot Scale  
process/product  
Development**

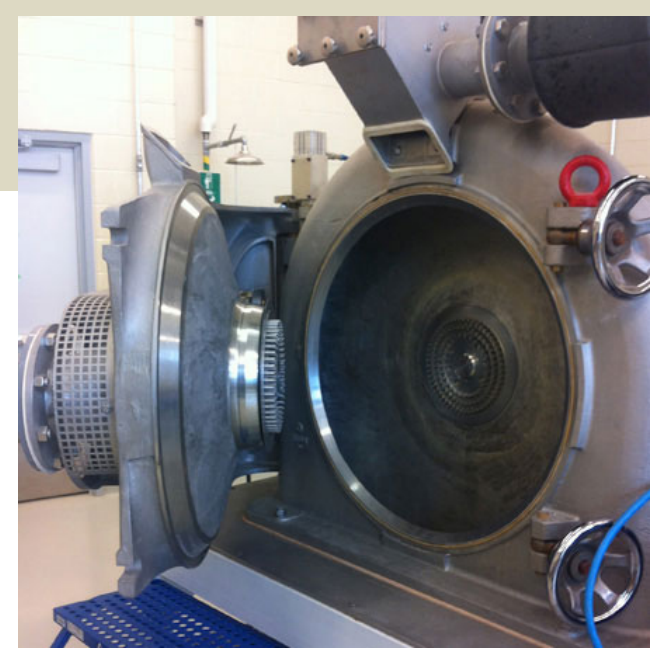
**Analytical  
Services  
support**





# Primary Processing

- Bio-mass cleaning
- Sorting
- Drying
- Tempering
- Milling
- Grinding
- Extrusion



# Secondary Processing

- **Extraction**

- Cold Press
- Traditional solvent-based methods
- Super and Sub-critical extraction
- Cryo-extraction, Zeodration
- Ultrasonic , Microwave technology



- **Isolation**

- Centrifugation, Filtration

- **Concentration**

- Precipitation, Distillation, UF/RO

- **Drying** (e.g. Catalytic FIR, spray, drum)



# Fractionation - Tertiary Processing

- Precipitation/Flocculation
- Membrane Filtration
  - MF, UF, NF, RO
- Chromatography
  - Conventional
  - Radial
  - Simulated Moving Bed
  - Expanded Bed



# Opportunities in Alberta

- Strong Agricultural sectors
- Wide range of specialty crops grown in Alberta
- Innovative and entrepreneurial spirit.
- Canadian products are traditionally identified with quality.
- Commitment by both federal and provincial governments to support applied research and new product development and Lean Manufacturing.





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